

HEAD, NECK AND FACIAL PAIN QUESTIONNAIRE

Form 401A

This questionnaire was designed to provide important facts regarding the history of your pain or condition. The information you provide will assist in reaching a diagnosis. Please take your time and answer each question as completely and honestly as possible. Please sign each page.

PATIENT INFORMATION

TODAY'S DATE _____

MR. MS. MISS MRS. DR. NAME: _____
First Middle Initial Last

AGE: _____ BIRTH DATE: _____ MALE FEMALE

ADDRESS: _____ CITY/STATE/ZIP: _____

EMPLOYED BY: _____

ADDRESS: _____

SS#: _____ HOME PHONE: _____ WORK PHONE: _____

CELL PHONE: _____ EMAIL: _____

MARITAL STATUS: Single Married Widowed Divorced Other

RESPONSIBLE PARTY: _____

FAMILY DENTIST: _____

ADDRESS: _____

FAMILY PHYSICIAN: _____

ADDRESS: _____

REFERRED BY: _____

WHAT ARE THE CHIEF COMPLAINTS FOR WHICH YOU ARE SEEKING TREATMENT?

1. Please **number** your complaints with #1 being the most severe symptom, #2 the next, etc.

2. Then rate your complaints for frequency and intensity:

Frequency:
 (1- SELDOM, 2-OCCASIONAL, 3- FREQUENT, 4- EVERY DAY)

Intensity:
 (0 is NO PAIN and 10 is MOST SEVERE PAIN)

| Number | Frequency | Intensity |
|------------------------------|-----------|-----------|
| #1 = the most severe symptom | 1-4 | 0-10 |
| ___ Back Pain | ___ | ___ |
| ___ Dizziness | ___ | ___ |
| ___ Ear Congestion | ___ | ___ |
| ___ Ear Pain | ___ | ___ |
| ___ Eye Pain | ___ | ___ |
| ___ Facial Pain | ___ | ___ |
| ___ Fatigue | ___ | ___ |
| ___ Headaches | ___ | ___ |
| ___ Inability to open mouth | ___ | ___ |
| ___ Jaw Clicking | ___ | ___ |
| ___ Jaw Joint Noises | ___ | ___ |
| ___ Jaw Locking | ___ | ___ |
| ___ Jaw Pain | ___ | ___ |
| ___ Limited Mouth Opening | ___ | ___ |
| ___ Migraine Headaches | ___ | ___ |
| ___ Muscle Twitching | ___ | ___ |
| ___ Neck Pain | ___ | ___ |
| ___ Pain when Chewing | ___ | ___ |
| ___ Ringing in the Ears | ___ | ___ |
| ___ Shoulder Pain | ___ | ___ |
| ___ Sinus Congestion | ___ | ___ |
| ___ Throat Pain | ___ | ___ |
| ___ Visual Disturbances | ___ | ___ |
| ___ Other - write in: | ___ | ___ |
| ___ | ___ | ___ |
| ___ | ___ | ___ |

Patient Signature _____

Date _____

LIST ANY MEDICATIONS/SUBSTANCES WHICH HAVE CAUSED AN ALLERGIC REACTION:

- | | | |
|--|---|--|
| Y <input type="checkbox"/> N <input type="checkbox"/> Antibiotics | Y <input type="checkbox"/> N <input type="checkbox"/> Latex | Y <input type="checkbox"/> N <input type="checkbox"/> Sedatives |
| Y <input type="checkbox"/> N <input type="checkbox"/> Aspirin | Y <input type="checkbox"/> N <input type="checkbox"/> Local anesthetics | Y <input type="checkbox"/> N <input type="checkbox"/> Sleeping pills |
| Y <input type="checkbox"/> N <input type="checkbox"/> Barbiturates | Y <input type="checkbox"/> N <input type="checkbox"/> Metals | Y <input type="checkbox"/> N <input type="checkbox"/> Sulfa drugs |
| Y <input type="checkbox"/> N <input type="checkbox"/> Codeine | Y <input type="checkbox"/> N <input type="checkbox"/> Penicillin | Y <input type="checkbox"/> N <input type="checkbox"/> Other _____ |
| Y <input type="checkbox"/> N <input type="checkbox"/> Iodine | Y <input type="checkbox"/> N <input type="checkbox"/> Plastic | _____ |

LIST ANY MEDICATIONS CURRENTLY BEING TAKEN:

- | | | |
|--|--|---|
| Y <input type="checkbox"/> N <input type="checkbox"/> Antibiotics | Y <input type="checkbox"/> N <input type="checkbox"/> Cortisone | Y <input type="checkbox"/> N <input type="checkbox"/> Nerve pills |
| Y <input type="checkbox"/> N <input type="checkbox"/> Anticoagulants | Y <input type="checkbox"/> N <input type="checkbox"/> Diet pills | Y <input type="checkbox"/> N <input type="checkbox"/> Pain medication |
| Y <input type="checkbox"/> N <input type="checkbox"/> Barbiturates | Y <input type="checkbox"/> N <input type="checkbox"/> Heart medication | Y <input type="checkbox"/> N <input type="checkbox"/> Sleeping pills |
| Y <input type="checkbox"/> N <input type="checkbox"/> Blood thinners | Y <input type="checkbox"/> N <input type="checkbox"/> Insulin | Y <input type="checkbox"/> N <input type="checkbox"/> Sulfa drugs |
| Y <input type="checkbox"/> N <input type="checkbox"/> Codeine | Y <input type="checkbox"/> N <input type="checkbox"/> Muscle relaxants | Y <input type="checkbox"/> N <input type="checkbox"/> Tranquilizers |

Other _____

PLEASE LIST ANY TREATMENTS YOU HAVE HAD FOR THIS PROBLEM AND ALL HEALTH PROFESSIONALS THAT YOU ARE CURRENTLY SEEING:

| Practitioner | Specialty | Treatment & approximate date |
|--------------|-----------|------------------------------|
| 1. _____ | _____ | _____ |
| 2. _____ | _____ | _____ |
| 3. _____ | _____ | _____ |
| 4. _____ | _____ | _____ |
| 5. _____ | _____ | _____ |
| 6. _____ | _____ | _____ |
| 7. _____ | _____ | _____ |
| 8. _____ | _____ | _____ |
| 9. _____ | _____ | _____ |

MEDICAL HISTORY (Please indicate dates on questions checked YES)

- | | | |
|---|---|---|
| Y <input type="checkbox"/> N <input type="checkbox"/> Adenoids Removed | Y <input type="checkbox"/> N <input type="checkbox"/> Current pregnancy | Y <input type="checkbox"/> N <input type="checkbox"/> General anesthesia |
| Y <input type="checkbox"/> N <input type="checkbox"/> Tonsils Removed | Y <input type="checkbox"/> N <input type="checkbox"/> Depression | Y <input type="checkbox"/> N <input type="checkbox"/> Glaucoma |
| Y <input type="checkbox"/> N <input type="checkbox"/> Anemia | Y <input type="checkbox"/> N <input type="checkbox"/> Diabetes | Y <input type="checkbox"/> N <input type="checkbox"/> Gout |
| Y <input type="checkbox"/> N <input type="checkbox"/> Arteriosclerosis | Y <input type="checkbox"/> N <input type="checkbox"/> Difficulty concentrating | Y <input type="checkbox"/> N <input type="checkbox"/> Hay fever |
| Y <input type="checkbox"/> N <input type="checkbox"/> Asthma | Y <input type="checkbox"/> N <input type="checkbox"/> Dizziness | Y <input type="checkbox"/> N <input type="checkbox"/> Hearing impairment |
| Y <input type="checkbox"/> N <input type="checkbox"/> Autoimmune disorders | Y <input type="checkbox"/> N <input type="checkbox"/> Emphysema | Y <input type="checkbox"/> N <input type="checkbox"/> Heart murmur |
| Y <input type="checkbox"/> N <input type="checkbox"/> Bleeding easily | Y <input type="checkbox"/> N <input type="checkbox"/> Epilepsy | Y <input type="checkbox"/> N <input type="checkbox"/> Heart disorder |
| Y <input type="checkbox"/> N <input type="checkbox"/> Blood pressure <input type="checkbox"/> High <input type="checkbox"/> Low | Y <input type="checkbox"/> N <input type="checkbox"/> Excessive thirst | Y <input type="checkbox"/> N <input type="checkbox"/> Heart pacemaker |
| Y <input type="checkbox"/> N <input type="checkbox"/> Bruising easily | Y <input type="checkbox"/> N <input type="checkbox"/> Fluid retention | Y <input type="checkbox"/> N <input type="checkbox"/> Heart palpitations |
| Y <input type="checkbox"/> N <input type="checkbox"/> Cancer | Y <input type="checkbox"/> N <input type="checkbox"/> Frequent cough | Y <input type="checkbox"/> N <input type="checkbox"/> Heart valve replacement |
| Y <input type="checkbox"/> N <input type="checkbox"/> Chemotherapy | Y <input type="checkbox"/> N <input type="checkbox"/> Frequent illnesses | Y <input type="checkbox"/> N <input type="checkbox"/> Hemophilia |
| Y <input type="checkbox"/> N <input type="checkbox"/> Chronic fatigue | Y <input type="checkbox"/> N <input type="checkbox"/> Frequent stressful situations | Y <input type="checkbox"/> N <input type="checkbox"/> Hepatitis |
| Y <input type="checkbox"/> N <input type="checkbox"/> Cold hands & feet | Y <input type="checkbox"/> N <input type="checkbox"/> Fibromyalgia | Y <input type="checkbox"/> N <input type="checkbox"/> Hypoglycemia |

Patient Signature _____ Date _____

MEDICAL HISTORY CONTINUED

- Y N Immune system disorder
- Y N Injury to
 - Face Mouth
 - Neck Teeth
- Y N Insomnia
- Y N Intestinal disorders
- Y N Jaw joint surgery
- Y N Kidney problems
- Y N Liver disease
- Y N Meniere's disease
- Y N Menstrual cramps
- Y N Multiple sclerosis
- Y N Muscle aches
- Y N Muscle shaking (tremors)
- Y N Muscle spasms or cramps

- Y N Muscular dystrophy
- Y N Needing extra pillows to help breathing at night
- Y N Nervous system irritability
- Y N Nervousness
- Y N Neuralgia
- Y N Osteoarthritis
- Y N Osteoporosis
- Y N Ovarian cysts
- Y N Parkinson's disease
- Y N Poor circulation
- Y N Prior orthodontic treatment
- Y N Psychiatric care
- Y N Radiation treatment
- Y N Rheumatic fever
- Y N Rheumatoid arthritis
- Y N Scarlet fever

- Y N Shortness of breath
- Y N Sinus problems
- Y N Skin disorder
- Y N Slow healing sores
- Y N Speech difficulties
- Y N Stroke
- Y N Swollen, stiff or painful joints
- Y N Tendency for:
 - Frequent Colds
 - Ear Infections
 - Sore Throats
- Y N Tired muscles
- Y N Tuberculosis
- Y N Tumors
- Y N Urinary disorders
- Y N Wisdom teeth (Third Molar) extraction

Other _____

SYMPTOMS: PLEASE INDICATE LOCATION AND TYPE OF ANY HEAD PAIN

L= Left R=Right B=Both sides

| HEAD PAIN | LOCATION | SEVERITY | | | FREQUENCY | | | DURATION | | | | | |
|-----------|-------------------------------|--------------------------|--------------------------|--------------------------|---------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | | MILD | MODERATE | | OCCASIONAL (MONTHLY OR LESS) | FREQUENT (WEEKLY) | CONSTANT (EVERY DAY) | SECONDS | MINUTES | HOURS | DAYS | WEEKS | |
| | | | | SEVERE | | | | | | | | | |
| L R B | Front of your head (Frontal) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| L R B | Entire head (Generalized) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| L R B | Top of your head (Parietal) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| L R B | Back of your head (Occipital) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| L R B | In your temples (Temporal) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

JAW PAIN

- L R B Jaw pain - on opening
- L R B Jaw pain - while chewing
- L R B Jaw pain - at rest

JAW SYMPTOMS

- Y N Jaw clicks
- Y N Jaw locks closed
- Y N Jaw locks open
- Y N Jaw popping
- Y N Teeth clenching
- Y N Teeth grinding

EYE RELATED CONDITIONS

- Y N Blurred vision
- Y N Double vision
- Y N Eye pain
- Y N Pain or pressure behind the eyes
- Y N Photophobia (extreme sensitivity to light)

EAR RELATED CONDITIONS

- Y N Buzzing in the ears
- Y N Ear congestion
- Y N Ear pain
- Y N Hearing loss
- Y N Pain behind the ear
- Y N Pain in front of the ear
- Y N Recurrent ear infections
- Y N Tinnitus (ringing in the ear)

THROAT NECK & BACK RELATED CONDITIONS

- Y N Back pain - lower
- Y N Back pain - middle
- Y N Back pain - upper
- Y N Chronic sore throat
- Y N Constant feeling of a foreign object in throat
- Y N Difficulty in swallowing
- Y N Limited movement of neck
- Y N Neck pain
- Y N Numbness in the hands or fingers

Patient Signature _____

Date _____

THROAT NECK & BACK RELATED CONDITIONS (Continued)

MOUTH & NOSE RELATED CONDITIONS

- Y N Sciatica
- Y N Scoliosis
- Y N Shoulder pain
- Y N Shoulder stiffness
- Y N Swelling in the neck
- Y N Swollen glands
- Y N Thyroid enlargement
- Y N Tightness in throat
- Y N Tingling in the hands or fingers
- Y N Torticollis

- Y N Broken teeth
- Y N Burning tongue
- Y N Chronic sinusitis
- Y N Dry mouth
- Y N Frequent biting of cheek
- Y N Frequent snoring

Other _____

HISTORY OF SYMPTOMS

When did your condition first occur? _____

What do you believe is the cause of your pain or condition?

Pick one:

- Motor vehicle accident
- Motorcycle accident
- Work related incident
- Playground incident
- Athletic endeavor
- Fight
- Fall
- Accident
- Illness
- Injury
- Unknown
- Other _____

If accident, date _____

Is there anything that makes your pain or discomfort worse? _____

Is there anything that makes your pain or discomfort better? _____

What other information is important to your pain or condition? _____

FAMILY HISTORY

Have any members of your family (blood kin) had: Y N Headaches Y N High blood pressure
 Y N Heart disease Y N Diabetes

SOCIAL HISTORY

Occupation _____

Do you have children? Y N If yes, how many children? _____ What are their ages? _____

Y N Are you currently under unusual stress?

Y N Do you chew tobacco?

Y N Recent change in lifestyle?

Number of caffeine drinks per day _____

Y N Do you exercise regularly?

Y N Do you smoke?



_____ Number of Packs Cigarettes per Day Week

Alcohol consumption

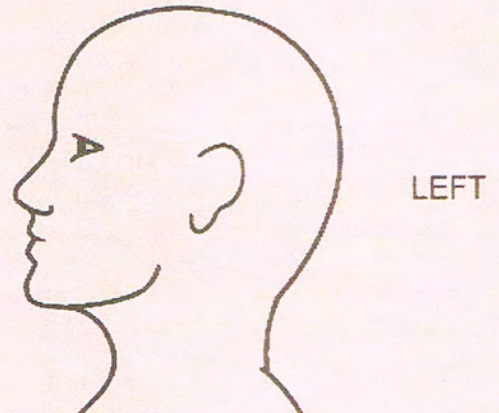
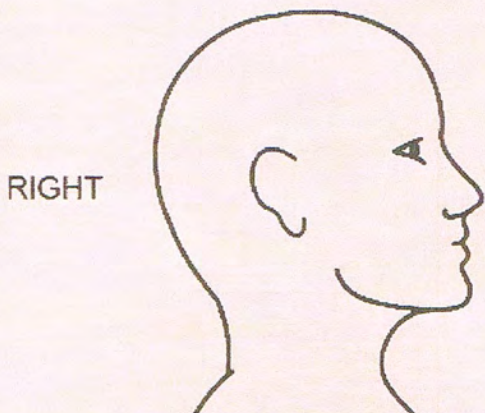
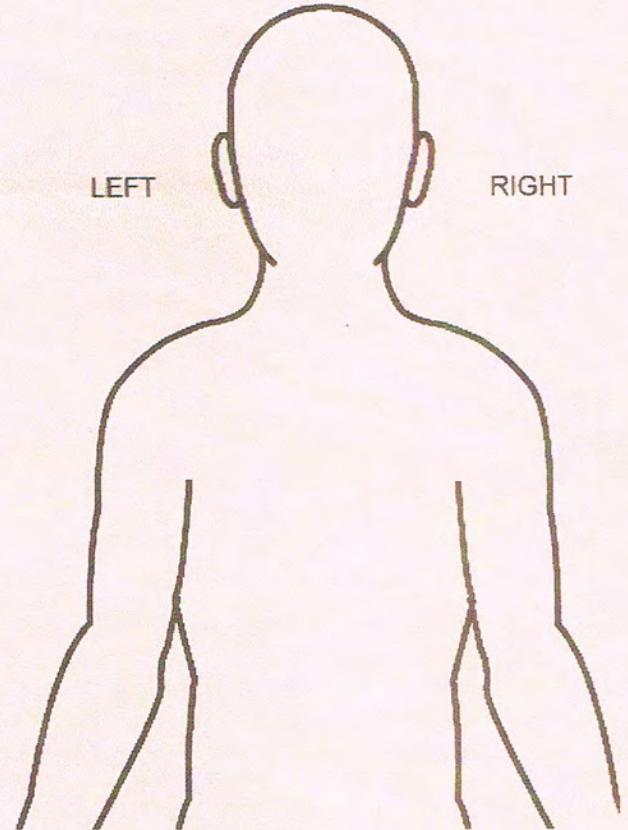
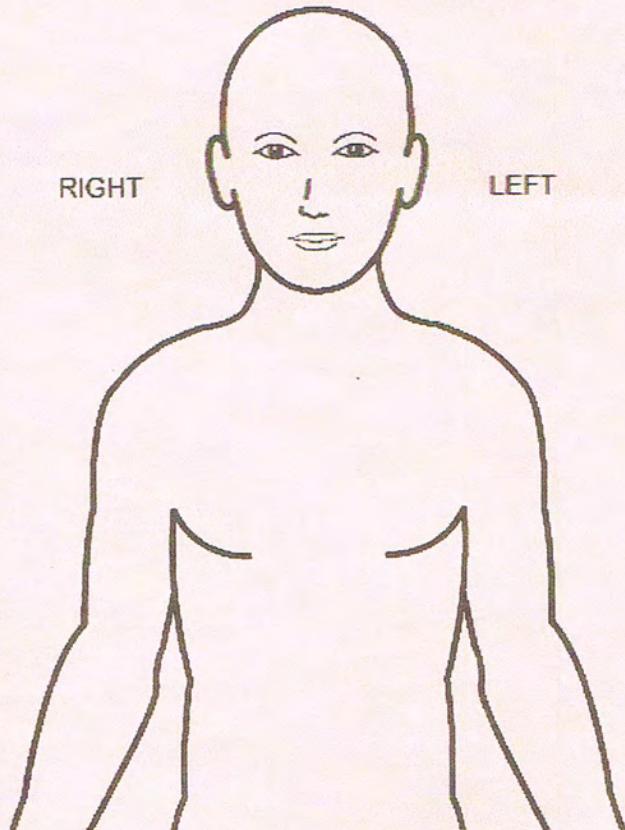
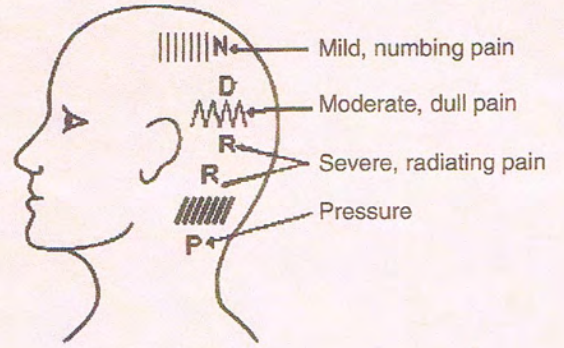
None Social Drinker
 Occasional Daily

Patient Signature _____ Date _____

DRAW YOUR PAIN PATTERNS FOLLOWING THIS KEY:

- | | | |
|---------------|---|-------------|
| MILD PAIN |  | B Burning |
| | | D Dull |
| | | N Numbing |
| MODERATE PAIN |  | P Pressure |
| | | S Sharp |
| | | T Tingling |
| SEVERE PAIN |  | R Radiating |

EXAMPLE



Patient Signature _____

Date _____